

# Ambulance Basic Training Manual

Ambulance Basic Training Manual A Guide to Basic Ambulance Training Your First Steps in Emergency Medical Care This guide provides a basic overview of essential skills and knowledge required for individuals starting their journey as an ambulance responder Its designed to be a starting point complementing providing a foundation for your continued learning and development

**Understanding Your Role and Responsibilities** As an ambulance responder you play a critical role in providing immediate care to patients in emergency situations Your responsibilities include

- Responding to emergency calls Youll be dispatched to various scenes from car accidents to medical emergencies at home
- Assessing the situation Youll evaluate the scene for hazards and assess the patients condition using your knowledge of basic medical procedures
- Providing immediate care Youll administer basic life support BLS such as CPR and first aid while awaiting the arrival of advanced medical personnel
- Transporting patients Youll safely transport patients to the appropriate healthcare facility ensuring their comfort and wellbeing during transport
- Maintaining equipment Youll be responsible for maintaining and cleaning ambulance equipment and supplies
- Following protocols Youll adhere to established protocols and procedures to ensure patient safety and efficient service

**Essential Skills and Knowledge**

- 1 Basic Life Support BLS Cardiopulmonary Resuscitation CPR** Learn to recognize cardiac arrest perform chest compressions and deliver rescue breaths
- Automated External Defibrillator AED** Understand the operation of an AED and its role in defibrillating a patient with ventricular fibrillation
- Airway Management** Be proficient in basic airway maneuvers such as headtiltchin lift and jaw thrust
- 2 Bleeding Control** Learn different methods of controlling bleeding including direct pressure elevation and pressure points
- 2 Patient Assessment Vitals Signs** Be able to measure and interpret vital signs like pulse respiration rate blood pressure and temperature

**SAMPLE History** Utilize the SAMPLE history mnemonic

- Signs and Symptoms
- Allergies
- Medications
- Past History
- Last Meal
- Events Leading to the Event

to gather information about the patients condition

- AVPU Scale** Learn to assess a patients level of consciousness using the AVPU scale
- Alert
- Verbal
- Pain
- Unresponsive

- 3 Emergency Medical Care Wound Care** Be able to assess clean and bandage wounds
- Fracture Management** Learn basic principles of splinting and immobilizing fractures
- Shock Management** Recognize the signs of shock and implement appropriate interventions
- Diabetic Emergencies** Understand the signs and symptoms of diabetic emergencies and basic management techniques
- Seizure Management** Learn how to position and monitor a patient during a seizure

- 4 Ambulance Operations**

- Equipment Knowledge** Be familiar with the various equipment and supplies found on an ambulance including their uses and limitations
- Ambulance Safety** Adhere to safety protocols during patient care transport and maneuvering the ambulance
- Radio Communication** Properly utilize the ambulance radio system to communicate with dispatch and

other medical personnel Documentation Accurate and thorough documentation of patient care and transport 5 Legal and Ethical Considerations Patient Confidentiality Maintain patient privacy and protect confidential medical information Good Samaritan Laws Understand the legal protections afforded to responders providing aid in emergency situations Consent Obtain informed consent from patients before providing treatment Ethical Principles Uphold ethical principles such as beneficence nonmaleficence and autonomy 3 6 Continuing Education Refresher Courses Regularly participate in refresher courses to maintain proficiency in BLS skills and update your knowledge Advanced Training Explore opportunities for advanced training in areas such as advanced life support ALS or specialized medical care Stay Informed Keep abreast of the latest advancements in emergency medical care and treatment protocols Safety First Personal Safety Always prioritize your own safety before approaching a scene Scene Safety Assess the scene for hazards and take appropriate precautions Body Mechanics Use proper body mechanics to avoid injury during patient care and transport Infection Control Adhere to infection control protocols including wearing personal protective equipment PPE Remember This is a brief introduction to basic ambulance training Your official training will provide comprehensive instruction and hands on experience in all aspects of ambulance response Success in your ambulance responder journey requires dedication ongoing learning and a genuine desire to help others in their time of need Embrace the challenge and always strive to improve your skills and knowledge to provide the best possible care to your patients

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